Magic Johnson Lakes Investigation
North and South Lakes
Fish Sampling

- Screening Study
  - 2008
  - Largemouth Bass & Channel Catfish

- Risk Assessment
  - 2009
  - 5 fish species
Is It Safe to Eat Fish from Magic Johnson Lakes?

• Office of Environmental Health Hazard Assessment (OEHHA)
  – Risk assessment
• Health Advisory & Safe Eating Guidelines
  – June 2010
  – Human health risk due to high mercury and PCB levels in some fish
A guide to eating fish caught in Magic Johnson Lakes

Women 18 - 45, especially those who are pregnant or breastfeeding, and children 1 - 17

- Safe to eat 7 servings per week — catfish
- Safe to eat 5 servings per week — trout
- Safe to eat 3 servings per week — bluegill or other sunfish
- Safe to eat 1 serving per week — largemouth bass or smallmouth bass

DO NOT EAT carp

What is a serving?

The recommended serving of fish is about the size and thickness of your hand. Give children smaller servings.

Why eat fish?

Eating fish is good for your health. Fish have Omega-3s that can reduce your risk for heart disease and improve how the brain develops in unborn babies and children.

What is the concern?

Some fish have high levels of mercury and PCBs. Mercury can negatively affect how the brain develops in unborn babies and children. PCBs might cause cancer. Some chemicals are in the fat and skin of the fish. Throw these parts away and eat only the fillet.

Safe to eat
- Trout — 5 servings per week OR Catfish — 2 servings per week

Safe to eat
- 1 serving per week

Do not eat

California Office of Environmental Health Hazard Assessment • www.oehha.ca.gov/fish.html • (916) 327-7319 or (510) 622-3170
WARNING!
DO NOT EAT FISH FROM LAKES
PRELIMINARY TEST RESULTS SUGGEST THAT FISH FROM THESE LAKES MAY BE UNSAFE FOR CONSUMPTION.

¡AVISO!
NO CONSUMA PESCADO DE LOS LAGOS
RESULTADOS DE PRUEBAS PRELIMINARES PROPONE QUE EL PESCADO DE ESTOS LAGOS PUEDE HACER DANO SI ES CONSUMIDO.

PLEASE DO NOT FEED THE WATERFOWL